

## Center for the Arts in Healthcare Research and Education

### 2007-08 Annual Report

#### *Summary*

The 2007-08 year has been an exciting year of partnership and program expansion for CAHRE. Through a primary partnership with the Digital Worlds Institute and partnerships with numerous national and international organizations, CAHRE has achieved outstanding goals in the areas of education, research, program development, international exchange, and service learning.

In the fall of 2007, CAHRE undertook a strategic planning process that yielded a new and expanded mission statement (see above). This new mission reflects and defines CAHRE's commitment to connecting the arts to health across the spectrum of individual to societal health. Over the past year, we expanded our international programming in Africa from Kenya to the Gambia and Rwanda, and our programming in Europe from France to Spain. Our educational programs now include annual study abroad opportunities for students as well as several international service learning trips. This area of programming is enhanced by the establishment of the new CFA International Fine Arts for Healing student organization, a group with a membership of 80 students of the Fine Arts.

#### *Highlights*

***Creation of the OTRI:*** In 2007, The Center for the Arts in Healthcare (CAHRE), the Digital Worlds Institute (DW), and the College of Fine Arts Dean's Office collaborated to create the Office of Transdisciplinary Research and Innovation (OTRI) in the College of Fine Arts.

The OTRI is designed to encourage and facilitate the development of leading-edge transdisciplinary collaboration, innovation, and research at the University of Florida, and provides a structure through which faculty in the Fine Arts and other UF units can develop, submit, and administer transdisciplinary grants from foundations and federal agencies. In addition to prescribing and developing collaborative tools and techniques to enhance fruitful interaction across the UF campus, the OTRI addresses the institution's current need for a structural mechanism to promote efficient outcome-based transdisciplinary collaboration across UF's many disciplines.

#### Internal College Goals:

1. To create a structure through which the College can encourage and facilitate transdisciplinary research and innovation;
2. To create a structure for the submission and management of external grants that include in-direct costs;
3. To accumulate in-direct costs from external grants that will: a) support an OPS grants specialist position and, thus, cultivate a larger pool of faculty grants across the College; and b) provide flexible supplementary funding for the College to augment state funding

Thus far in 2007-08, the OTRI has garnered \$217,643 in external funds.

***International Fine Arts for Healing (IFAH) Student Organization:*** CAHRE spearheaded and supported the development of the IFAH student organization, which undertook fundraising and subsequent service learning in the Gambia. Within two months of its establishment, the organization had 80 members. The members participate in international projects as well as volunteering with the Shands Arts in Medicine program.

***International Exchange and Service Learning:*** CAHRE's AIM for Africa programs have continued to thrive and grow in 2007-08 to include projects and opportunities for students in Kenya, The Gambia, Rwanda, Spain, and Morocco.

**Kenya:** The Mater Arts in Medicine program, established by CAHRE in 2006-07, has become completely self-sufficient and is thriving. In June, we will host and train a staff member from Gertrudes Children's Hospital (Nairobi, Kenya) in our Arts in Healthcare Summer Intensive program. This will facilitate the development of the second arts in medicine program in Nairobi. We also continue our strong partnership with Kenyatta University and attempt regular live web connections for our *Culture, Health and the Arts in Sub-Saharan Africa and the US course*.

**The Gambia:** In 2007-08, CAHRE expanded AIM for Africa to the Gambia. Activities included a service learning trip to the Gambia for seven CFA students, 2 Shands nurses, and a medical librarian. The group undertook arts in healthcare service in three medical facilities, medical literature training, healthcare services, and cultural exchanges with dancers and musicians from three traditions. Subsequently, CAHRE hosted a successful live and web-streamed symposium exploring the cultural lineage of the American Banjo and the West African Akonting. The symposium featured the world's leading scholars and artists from each tradition. The project also included a 2-week residency at UF and Shands, including a public concert, by Senegalese Akonting player, Sana Ndiaye. External project funding: \$45,161. Additionally, CAHRE will facilitate two more service learning trips to the Gambia in 2008 by UF medical and fine arts students and faculty.

**Rwanda:** In partnership with the School of Theatre and Dance, the Barefoot Artists of Philadelphia, and the Red Cross of Rwanda, CAHRE has planned and funded a major AIM for Africa initiative in Rwanda for the coming year.

**Spain and Morocco:** During Summer B 2008, CAHRE will offer a 4-credit study abroad course exploring the historical roles of the arts in traditional and faith-based healing in Europe and North Africa. The course features both experiential and service learning, as well as cultural exchange.

***Vital Visionaries:*** Sponsored by the National Institute on Aging (NIA), the *Vital Visionaries* collaboration was designed to encourage interaction between older people and first-year medical students, to foster improved understanding and appreciation of older people by medical students and to awaken older people to their creative possibilities. Initially piloted by the NIA with Johns Hopkins School of Medicine and the American Visionary Art Museum in Baltimore, MD in

2004, CAHRE was selected and undertook subsequent research at UF in partnership with the Harn Museum of Art and the UF College of Medicine. The research was successfully completed in 2006-07 and CAHRE was subsequently chosen to be a site for the project again in 2007-08. The project sessions have just been completed (April 27, 2008) and documentation in the form of photography will soon be posted on the web. The evaluation component of the 2007-08 program is coordinated by Washington University School of Social Work in St. Louis.

***Arts in Healthcare Certificate program development:*** Scheduled for launch in January of 2009, the certificate is designed for UF and non-UF students in partnership with the University of Michigan, the University at Buffalo, and the Five Colleges (Amherst College, UMASS, Smith College, Hampshire College, Mount Holyoke College).

***Summer Intensive Program Expansion:*** CAHRE's Arts in Healthcare Summer Intensive program will expand to include a two-week intensive in the summer of 2008 to the University at Buffalo.

***Book Publication:*** CAHRE's co-directors edited and contributed chapters to a book in publication by Praeger Press (released August 30, 2007), entitled *Whole Person Healthcare, The Arts and Health*.

#### *Program Facts*

- **Programs**

- AIM for Africa Gambia
  - 3 service learning trips to the Gambia in 2007-08
  - 1 visiting artist residency
  - 1 symposium
  - 1 public concert
- Vital Visionaries
  - Project pairing medical students with senior citizens through the arts
  - Multiple activities at the Harn Museum of Art
  - Video of the 2006 program produced
  - Funded by invitation from the National Institute on Aging, with additional support from the Department of Aging and Geriatrics and the Fresh Market
- Annual Arts in Healthcare Summer Intensives
  - Annual three-week training programs for students, artists, educators, and medical professionals from four countries
  - Most comprehensive and leading training program in the arts in healthcare worldwide
  - New 2-week program at the University at Buffalo
- International Study Abroad
  - 4-credit course, *The Arts and Healing in Europe and North Africa*, in Spain and Morocco, July 2008
  - 12 UF medical students will engage in research-based externships in the Gambia in June/July of 2008

- **Research**

- CAHRE's co-directors edited and contributed chapters to a book in publication by Praeger Press (August 30, 2007 release): *Whole Person Healthcare, The Arts and Health*
- May, 2008: Implementation of *Design of Effective Therapeutic Interventions for Persons with Mild TBI/PTSD Using Interactive Virtual World Environments*, in partnership with DW and the VA Hospital, with funding from the US Department of Defense
- May 2008: Implementation of *Reducing alcohol and drug use in American youth through Interactive Digital Media*, in partnership with DW and the UF College of Public Health and Health Professions.
- Fall 2007: "The Arts and Health across Cultures and Times," *The California Psychologist*

- **Arts in Healthcare Coursework (10 courses and 1 Certificate)**

- Certificate in Dance in Healing
- Introduction to the Arts in Medicine, DAA 4930, College of Fine Arts
- Dance in Medicine, DAA 3775, College of Fine Arts, School of Theatre & Dance
- Writing and Healing: Process and Practice, IDH 2931, section 2554, Honors Program
- Music and Health, IDH 3931, section 0924, Honors Program
- Spirituality and Creativity in Healthcare, NGR 4930, NGR 6930, College of Nursing
- Dance Clinical Practice, DAA 4930, CFA School of Theatre and Dance
- Reflective Writing, NEUR 06, College of Medicine (1st & 2nd year med students only)
- Independent Studies in Theatre, Visual Arts, Music & Dance, College of Fine Arts
- Culture, Health, and the Arts: Sub-Saharan Africa and the U.S. HUM 4905 CFA
- **NEW:** Study Abroad: The Arts and Healing in Europe and North Africa, HUM 4956